

PSHE Year 6 Autumn 1 – Being me in my world



PSHE

Powerful knowledge/skills for this unit:

Knowledge

I will:

- understand there are different perceptions about what normal means
- understand how being different could affect someone's life
- explain some of the ways in which one person or a group can have power over another
- know some of the reasons why people use bullying behaviours
- give examples of people with disabilities who lead amazing lives
- explain ways in which difference can be a source of conflict and a cause for celebration

Social and emotional skills

I will:

- empathise with people who are different
- aware of my attitude towards people who are different
- know how it can feel to be excluded or treated badly by being different in some way
- tell you a range of strategies for managing my feelings in bullying situations and for problem-solving when I'm part of one
- appreciate people for who they are
- show empathy with people in either situation

Key vocabulary

Achievement, accolade, admiration, argument, assumption, banter, belonging, bullying, celebration, community, conflict, control, difference, indirect, disability, discrimination, empathy, equality, Equality Act, harassment, imbalance, indirect, misunderstanding, normal, Paralympian, perception, perseverance, power, prejudice, racism, recipient, respect, rights, stamina, struggle, stereotype, protected, characteristic,

Big Question:

Do you celebrate what makes you different?

The zones of regulation



By the end of this topic...

I can explain ways in which difference can be a source of conflict or a cause for celebration.

I can show empathy with people in situations where their difference is a source of conflict or a cause for celebration.

Mindmate Monday lesson

MindMate

Year 6 Autumn 2 Celebrating friendship

Lesson focus: I can talk about how I will maintain positive relationship

Pupils should have the opportunity to...

recognise what constitutes a positive, healthy relationship & develop the skills to form & maintain positive & healthy relationships