

PSHE Year 6 Autumn 1 – Being me in my world



PSHE

Powerful knowledge/skills for this unit:

Knowledge

I will:

- identify my goals for this year, understand my fears and worries about the future and know how to express them
- know how to use my Jigsaw Journal
- know that there are universal rights for all children but for many children these rights are not met
- understand that my actions affect other people locally and globally
- make choices about my own behaviour because I understand how rewards and consequences feel and I understand how these relate to my rights and responsibilities
- understand how an individual's behaviour can impact on a group
- understand how democracy and having a voice benefits the school community

Social and emotional skills

I will:

- feel welcome and valued and know how to make others feel the same
- understand my own wants and needs and can compare these with children in different communities
- understand that my actions affect myself and others; I care about other people's feelings and try to empathise with them
- can contribute to the group and understand how we can function best as a whole
- understand why our school community benefits from a Learning Charter and how I can help others to follow it by modelling it myself

Key vocabulary

Behaviour, choices, collaboration, community, comparison, consequences, cooperation, cocoa pods, courtesy, decision, democracy, discernment, education, empathise, empathy, fears, Ghana, goals, hazard, risk, illegal, lawful, laws, Learning Charter, legal manners, Maslow, motivation, needs, obstacles, opportunities, participation, proud, report resilience responsibilities rights trusted adult welcome worries

Big Question:

What are your goals for this year?

The zones of regulation



By the end of this topic...

I can explain how my choices can have an impact on people in my immediate community and globally.

I can empathise with others in my community and globally and explain how this can influence the choices I make.

Mindmate Monday lesson

MindMate

Year 6 Autumn 1 Self-Integrity

Lesson focus: I can stay true to myself despite external pressures

Pupils should have the opportunity to... know what positively & negatively affects their physical, mental & emotional health, including the media