

PSHE Year 4 Autumn 2 – Celebrating difference



PSHE

Powerful knowledge/skills for this unit:

Knowledge

I will:

- understand that, sometimes, we make assumptions based on what people look like
- understand what influences me to make assumptions based on how people look
- know that sometimes bullying is hard to spot and I know what to do if I think it is going on but I'm not sure
- tell you why witnesses sometimes join in with bullying and sometimes don't tell
- identify what is special about me and value the ways in which I am unique
- tell you a time when my first impression of someone changed when I got to know them

Social and emotional skills

I will:

- try to accept people for who they are
- question why I think what I do about other people
- know how it might feel to be a witness to and a target of bullying
- problem-solve a bullying situation with others
- like and respect the unique features of my physical appearance
- explain why it is good to accept people for who they are

Key vocabulary

Accept, appearance, assumption, bully, bystander, changed, character, characteristics, courtesy, deliberate, different, empathy, friend, hurtful, impression, influence, judgement, kindness, manners, on purpose, physical feature, problem solve, respect, secret, surprised, troll, unique, witness, protected, characteristics,

Big Question:

What could you do to help accept others for who they are?

The zones of regulation



By the end of this topic...

I can tell you a time when my first impression of someone changed as I got to know them. I can also explain why bullying might be difficult to spot and what to do about it if I'm not sure.

I can explain why it is good to accept myself and others for who we are.

Mindmate Monday lesson

MindMate

Year 4 Autumn 2: Skills to maintain & keep positive relationships

Lesson focus: I can describe a healthy relationship

Pupils should have the opportunity to... recognise what constitutes a positive, healthy relationship develop the skills to form & maintain positive & healthy relationships