

PSHE Year 4 Autumn 1 - Being me in my world



PSHE

Powerful knowledge/skills for this unit:

Knowledge

I will:

- know my attitudes and actions make a difference to the class team
- know how to use my Jigsaw Journal
- understand who is in my school community, the roles they play, how I fit in and how I can contribute
- understand how democracy works through the School Council
- understand that my actions affect myself and others; I care about other people's feelings and try to empathise with them
- understand how groups come together to make decisions
- understand how democracy and having a voice benefits the school community

Social and emotional skills

I will:

- know how good it feels to be included in a group and understand how it feels to be excluded
- try to make people feel welcome and valued
- take on a role in a group and contribute to the overall outcome
- recognise my contribution to making a Learning Charter for the whole school
- understand how rewards and consequences motivate people's behaviour
- understand why our school community benefits from a Learning Charter and can help others to follow it

Key vocabulary

Authority, choices, community, conflict, consequence, contribution, courtesy, decisions, democracy, democratic, excluded, friends, healthy, help, included, job description, learning charter, observer, proud, responsibility, respect, rights, role, school, self-respect, solution, team, trusted adult, valued, violence, voting, welcome, wellbeing, UNCRC, United Nations Convention on the Rights of the child

Big Question:

How could I make someone feel welcome and valued?

The zones of regulation



By the end of this topic...

I can explain why being listened to and listening to others is important in my school community.

I can explain why being democratic is important and can help me and others feel valued.

Mindmate Monday lesson

MindMate

Year 4 Autumn 1: Feelings

Lesson focus: Intensity I can use a range a words to describe my feelings

Pupils should have the opportunity to...extend their vocabulary to enable them to explain both the range & intensity of their feelings to others recognise & respond appropriately to a wider range of feelings in others