

PSHE Year 3 Summer 2 – Changing me



PSHE

Powerful knowledge/skills for this unit:

Knowledge

I will:

- understand that in animals and humans lots of changes happen from birth to fully grown, and that in mammals it is the female who has the baby
- identify how boys' and girls' bodies change on the inside during the growing up process and why these changes are necessary so that their bodies can make babies when they grow up
- understand that as boys' and girls' bodies change at puberty, they need to think more about keeping clean and healthy
- know some simple ways of keeping clean which can keep me healthy and protect me from some infections
- start to recognise stereotypical ideas I might have about parenting and family roles
- identify what I am looking forward to when I move to my next class

Social and emotional skills

I will:

- express how I feel when I see babies or baby animals
- Recognise how I feel about these changes happening to me and know how to cope with those feelings
- start to think about the ways to keep my body clean as I grow up and how I feel about this
- express how I feel when my ideas are challenged and might be willing to change my ideas sometimes
- start to think about changes I will make next year and know how to go about this

Key vocabulary

animals, babies, birth, breasts, care, challenge, change, changes, control, egg, family, female, genitals, growing up, looking forward, male, mother, ovaries, ovum / ova, penis, personal hygiene, puberty, pubic hair, roles, scrotum, sperm, stereotypes, task, testicles, vagina, womb / uterus, worries

Big Question:

How have you changed from being a baby to now?

The zones of regulation



By the end of this topic...

I can explain how boys' and girls' bodies change on the inside/outside during the growing up process and can tell you why these changes are necessary so that their bodies can make babies when they grow up.

I recognise how I feel about these changes happening to me and can suggest some ideas to cope with these feelings.

Mindmate Monday lesson

Year 3 Summer 2 Solving problems

Lesson focus: Working together I can work with different people in my class

Pupils should have the opportunity to... to understand that people can be different to me, but we can still get on.

To understand empathy I can recognise how others feel in difficult situations

MindMate