

PSHE Year 3 Autumn 2 - Celebrating difference



PSHE

Powerful knowledge/skills for this unit:

Knowledge

I will:

- understand that everybody's family is different and important to them
- understand that differences and conflicts sometimes happen among family members
- know what it means to be a witness to bullying
- know that witnesses can make the situation better or worse by what they do
- recognise that some words are used in hurtful ways
- tell you about a time when my words affected someone's feelings and what the consequences were

Social and emotional skills

I will:

- appreciate my family/the people who care for me
- know how to calm myself down and can use the 'Solve it together' technique
- know some ways of helping to make someone who is bullied feel better
- problem-solve a bullying situation with others
- try hard not to use hurtful words
- give and receive compliments and know how this feels

Key vocabulary

Banter, bullying, bystander, caring, compliment, connected, conflict, consequences, difference, discrimination, family, feelings, gay, hurtful, include, incident, isolate, kindness, lonely, loving, protection, resolve, rights, safe, security, self-regulation, stability, stereotypes, support, unique, unkind, witness

Big Question:

What strategies could you use in a time of conflict?

The zones of regulation



By the end of this topic...

I can describe different conflicts that might happen in family or friendship groups and how words can be used in hurtful or kind ways when conflicts happen.

I can tell you how being involved with a conflict makes me feel and can offer strategies to help the situation. e.g. Solve It Together or asking for help.

Mindmate Monday lesson

Year 3 Autumn 2 Unkind behaviours

Lesson focus: I understand that when I am unkind it impacts on others

Pupils should have the opportunity to... recognise what is fair & unfair, kind & unkind, what is right & wrong recognise when people are being unkind either to them or others, learn what to do when someone is unfair or unkind

MindMate