

PSHE Year 2 Summer 2- Changing me



PSHE

Powerful knowledge/skills for this unit:

Knowledge

I will:

- recognise cycles of life in nature
- tell you about the natural process of growing from young to old and understand that this is not in my control
- recognise how my body has changed since I was a baby and where I am on the continuum from young to old
- recognise the physical differences between boys and girls, use the correct names for parts of the body (penis, anus, testicles, vagina, vulva) and appreciate that some parts of my body are private
- understand there are different types of touch and can tell you which ones I like and don't like
- identify what I am looking forward to when I move to my next class

Social and emotional skills

I will:

- understand there are some changes that are outside my control and can recognise how I feel about this
- identify people I respect who are older than me
- feel proud about becoming more independent
- describe what I enjoy about being a boy or girl whilst understanding we are all different
- be confident to say what I like and don't like and can ask for help
- start to think about changes I will make when I am in Year 3 and know how to go about this

Key vocabulary

Adult, anus, anxious, assertive, baby, change, child, cope, comfortable, control, dislike, elderly, excited, female, freedom, fully grown, grow, growing up, hug, independent, life cycle, like, looking forward, male, nervous, old, older, penis, physical, private, public, respect, responsibilities, teenager, testicles, texture, timeline, toddler, touch, uncomfortable, vagina, vulva, young

Big Question:

What do you like about being a boy/girl?

The zones of regulation



By the end of this topic...

I can use the correct terms to describe our private areas and explain why they are private. I can explain why some types of touches feel OK and others don't.

I can tell you what I like and don't like about being a boy/girl and getting older, and recognise that other people might feel differently to me.

Mindmate Monday lesson

MindMate

Year 2 Summer 2 Solving problems

Lesson focus: Not giving up/ Perseverance I understand it is important to keep going when something is tricky

Pupils should have the opportunity to ... know how to play and work co-operatively with others I understand that people often need to play and work together to reach a shared outcome Skills I can say what I am good at and what I can improve on I can explain a time I had to try really hard, and can say how it made me feel