

PSHE Year 2 Summer 1- Relationships



PSHE

Powerful knowledge/skills for this unit:

Knowledge

I will:

- identify the members of my family, understand my relationship with each of them and know why it is important to share and cooperate
- understand that there are lots of forms of physical contact within a family and that some of this is acceptable and some is not
- identify some of the things that cause conflict with my friends
- understand that sometimes it is good to keep a secret and sometimes it is not good to keep a secret
- recognise and appreciate people who can help me in my family, my school and my community
- express my appreciation for the people in my special relationships

Social and emotional skills

I will:

- accept that everyone's family is different and understand that most people value their family
- know which types of physical contact I like and don't like and can talk about this
- demonstrate how to use the positive problem-solving technique to resolve conflicts
- know how it feels to be asked to keep a secret I do not want to keep and know who to talk to about this
- how it feels to trust someone
- be comfortable accepting appreciation from others

Key vocabulary

Acceptable, adult, appreciate, celebrate, communication, compliments, conflict, cooperate, different, dislike, diverse, family, frightened, friends, good secret, happy, honesty, hugs, important, like, likes/dislikes, negative, not acceptable, physical contact, point of view, positive, problem solving, relationship, reliability, sad, secret, special, stereotype, surprise, touch, trust, trustworthy, worry secret

Big Question:

What relationships make you feel safe?

The zones of regulation



By the end of this topic...

I can explain why some things might make me feel uncomfortable in a relationship and compare this with relationships that make me feel safe and special.

I can give examples of some different problem-solving techniques and explain how I might use them in certain situations in my relationships.

Mindmate Monday lesson

MindMate

Year 2 Summer 1 Being the same, being different

Lesson focus: Beginning to understand empathy I understand my friend might have different feelings to me

Pupils should have the opportunity to ... understand that my friends and I might have different feelings about the same thing Skills I can start to empathise with others about how they may be feeling I can create a sentence or series of sentences which show that I understand my friend's feelings