

# PSHE Year 2 Autumn 1 - Being me in my world



## PSHE

## Powerful knowledge/skills for this unit:

### Knowledge

#### I will:

- identify some of my hopes and fears for this year
- know how to use my Jigsaw Journal
- understand the rights and responsibilities for being a member of my class and the importance of making contributions
- listen to other people and contribute my own ideas about rewards and consequences
- I understand how following the Learning Charter will help me and others learn
- recognise the choices I make and understand the consequences

### Social and emotional skills

#### I will:

- recognise when I feel worried and know who to ask for help
- help myself and others feel like we belong
- help make my class a safe and fair place
- listen to others and share my ideas
- work co-operatively with others
- follow our Learning Charter

## Key vocabulary

Actions, assertive, belong, belonging, boundaries, choices, consequence, controlling, contributions, fair, fears, hopes, Learning Charter, negative, positive, praise, problem solving, responsibilities, reward, rights, safe worried, worries

## Big Question:

How could your  
behaviour impact other  
people?

The zones of  
regulation



## By the end of this topic...

I can explain why my behaviour can impact on other people in my class.

I can compare my own and my friends' choices and can express why some choices are better than others.

## Mindmate Monday lesson

**MindMate**

Year 2 Autumn 1 Celebrate strengths

Lesson focus: I'm good at.... & I am going to try & be better at

**Pupils should have the opportunity to...**

learn from their experiences recognise & celebrate their strengths set simple but challenging goals