

# PSHE Year 1 Autumn 2 - Celebrating difference



## PSHE

### Powerful knowledge/skills for this unit:

#### Knowledge

I will:

- identify similarities between people in my class
- identify differences between people in my class
- tell you what bullying is
- know some people who I could talk to if I was feeling unhappy or being bullied
- know how to make new friends
- tell you some ways I am different from my friends

#### Social and emotional skills

I will:

- tell you some ways in which I am the same as my friends
- tell you some ways I am different from my friends
- understand how being bullied might feel
- be kind to children who are bullied
- know how it feels to make a new friend
- understand these differences make us all special and unique

### Key vocabulary

Bully, bullying, celebration, courtesy, courage, deliberate, difference, harmful, inclusive, included, lonely, manners, on purpose, safe, similarity, special, support, unique, unfair

### Big Question:

What makes you special?

### **By the end of this topic...**

I can tell you some ways that I am different and similar to other people in my class, and why this makes us all special.

I can explain what bullying is and how being bullied might make somebody feel.

The zones of regulation



### Mindmate Monday lesson

**MindMate**

Year 1 Autumn 2 Recognise how others show feelings & know how to respond

Lesson focus: know when my friends are feeling happy

**Pupils should have the opportunity to...** identify & talk about times when people feel happy learn to communicate their feelings to others recognise how others show feelings & know how to respond