



PE - Knowledge Organiser

Autumn 1 2024/ 2025 – Year 2 – Invasion Games

Knowledge Organiser Invasion Year 2

Ladder Knowledge

- Standing & moving:** controlling the ball before sending it will help you to get it to the right place in play.
- Or-losing:** looking your feet up will help you to see what defences are.
- Space:** moving into space away from defences helps you to pass and receive a ball.
- Attacking:** when your team is in possession of the ball you can do attacker and we can score.
- Defending:** when your team is not in possession of the ball, you are a defender and need to try to get the ball. Standing between the ball and the attacker will help you to stop them from getting the ball.

About this Unit

Invasion games are games where there are two teams and two goals. Teams try to score in the opposite team's goal. Examples include football, handball, rugby, netball, basketball, hockey.

In invasion games, the team that is in possession of the ball (the team that has the ball) are the attackers. The team that is not in possession of the ball (the team that does not have the ball) are the defenders.

I need to try to score goals

I need to try to move towards the goal

My team need to try to get the ball

My team need to keep the ball

I need to stop the other team from scoring

Which person is the attacker and which person is the defender?

Movement Skills

- dribble
- throw
- catch
- kick
- receive
- run
- change speed
- change direction

This unit will also help you to develop other important skills:

- Social:** communication, kindness, support others, co-operation, respect, collaborate
- Emotional:** empathy, perseverance, honesty, integrity, independence
- Thinking:** creativity, select and apply, comprehension, problem solving, provide feedback

Rules

Know how to score points for each game and follow simple rules.

Tactics

Attacking tactics

- Move into space towards goal
- Make quick decisions to pass
- Communicate with each other to let a teammate know you are free.

Defending tactics

- Mark an opponent
- Stand in between the attacker and the ball
- Have someone take on the role of goalkeeper

Healthy Participation

Make sure any equipment not used is stored out of the way.

Powerful Knowledge

attack	opponent	score
defend	possession	shoot
defender	receive	tactic
goalkeeper	send	teammate
mark		

If you enjoy this unit why not see if there is a club in your local area that plays an invasion game. This could be a basketball, football, handball, hockey, netball or tag rugby club.

This unit will help you to:

- change direction quickly
- balance
- move different parts of your body at the same time
- be faster
- move for longer

Protect the gate

What you need: 3 players and 3 cones placed in a ball at each of the 2 ends.

How to play:

- Place three objects in a triangle formation.
- One player (the defender) begins next to the triangle.
- The other player (the attacker) begins with the ball far away from the triangle.
- The attacker can move anywhere so long as they remain far away from the triangle. The attacker scores points by rolling the ball through the triangle.
- The defender then changes roles.

What was your score /5?

www.getset4education.co.uk

Head to our youtube channel to watch the skills videos for this unit. @getset4education155