



Curriculum Subject Overviews 2024-2025



Games & Physical Education

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	FMS/FSS	FMS	FMS	FMS/FSS	FMS/FSS	FMS
	Introductory Skills	Gymnastics UI	Dance	Fundamentals UI	Ball Skills UI	Dance
Year 1	FSS	SSS	FMS / SSS	FSS	SSS	FSS / FMS
	Multi-Skills (Invasion Games)	Fundamentals	Dance	Multi – Skills (Net & Wall)	Athletics	Dance
	Fundamentals	Yoga	Ball Skills	Sending and Receiving	Team Building	Target Games
Year 2	FSS	FMS / SSS	SSS / FSS	FSS	FMS / SSS	FSS
	Multi- Skills (Invasion Games)	Fundamentals	Gymnastics	Multi-Skills (Net & Wall)	Dance	Multi-Skills (Striking & Fielding)
	Fundamentals	Dance	Ball Skills	Sending & Receiving	Team Building	Target Games
Year 3	SSS	FMS / SSS	FMS / SSS	SSS	FMS / SSS	SSS
	Netball (Invasion Games)	Dodgeball (Invasion Games)	Fitness	Uni-Hockey (invasion Games)	Ball Skills	Cricket (Striking & Fielding)
	Tennis	Dance	Fundamentals	Athletics	Dance	Handball (Invasion Games)
Year 4	SSS Swimming	SSS Swimming	FMS/ SSS Swimming	SSS Swimming	SSS Swimming	SSS Swimming
	Basketball (Invasion Games)	Gymnastics	Tennis (Net & Wall)	Athletics	Tag-Rugby (Invasion Games)	Rounders (Striking & Fielding)

Year 5	FMS ? SSS Dance	SSS Dodgeball (Invasion Games)	FMS / SSS Fitness	FMS / SSS Dance	SSS Volleyball (Net & Wall)	SSS Cricket (Striking & Fielding)
	Golf (Striking)	Gymnastics	Volleyball (Net & Wall)	Athletics	OAA	Handball (Invasion Games)
Year 6	FMS / SSS Dance	SSS Dodgeball (Invasion Games)	FMS / SSS Fitness	FMS / SSS Dance	SSS Tag-Ruby (invasion Game)	SSS Rounder's (striking & Fielding)
	Golf (Striking)	Gymnastics	Volleyball (Net & Wall)	Athletics	OAA	Football (Invasion Games)

KS1 and KS2 Key:

Abbreviations: Fundamental Movement Skills (FMS), Fundamental Sports Skills (FSS,) Sport Specific Skills (SSS)

Athletics: During our athletics module's pupils will practise their sports day activities

Dance: Dance will be taught within a CPD setting by MVMNT from Rec – Year 6 on a Wednesday afternoon 1.15 – 2.15 PM and 2.15 PM – 3.15 PM

MVMNT will teach PE on Tuesday and Thursday afternoons to years 1,2,4 and 5 – highlighted in red

Swimming: Year 4 will attend swimming lessons once a week throughout the school year on a Wednesday afternoon 2-2.30 PM

Autumn Term 2024 w/c 9th September to w/c 9th December excluding w/c 28th October (13 weeks)

Spring Term 2025 w/c 13th January to w/c 24th March excluding w/c 17th February (10 weeks)

Summer Term 2025 w/c 28th April to w/c 7th July excluding May Day (5th May) and w/c 26th May (10 weeks)

Fitness; Pupils will develop a holistic understanding of fitness; body, mind and soul.