

Year 1 Autumn 2 PSHE me and others



PSHE

Powerful knowledge/skills for this unit:

Pupils learn about

What makes themselves and others special

- can recognise some of the things that make them special
- can describe ways they are similar and different to others
- understand that everyone has something about them that makes them special

Roles and responsibilities at home and school

- can identify the different roles of people at home and school
- can solve simple dilemmas about taking responsibility
- can explain why it is important to take responsibility at school and at home (including looking after the local environment)

Being co-operative with others

- can recognise different types of helpful and unhelpful behaviour in the playground and in the classroom
- can challenge unhelpful behaviour in a positive way
- understand how their behaviour can affect others

What should I already know:

Some of the things that might make them different to others.

School rules.

Big Question:

What makes me special?

The end point:

Can say what you do to help at home or school and how you are special.

Key vocabulary

Special, different, dilemma, responsibility, challenge, unhelpful, helpful, behaviour, problem, co-operative.

Zones of regulation



Mindmate Monday lesson

The MindMate logo features the word 'MindMate' in a blue, sans-serif font, with a small blue smiley face icon to the right.

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Recognise how others show feelings & know how to respond

Lesson focus: know when my friends are feeling happy

Pupils should have the opportunity to... identify & talk about times when people feel happy learn to communicate their feelings to others recognise how others show feelings & know how to respond